



**Calpol®**  
**SixPlus**  
Suspension Sugar Free

Contains 250 mg Paracetamol per 5 ml

- This medicine brings down high temperatures (also called fever) and relieves pain.
- The medicine is OK for most children over 6 years.
- **Do not give it to children on this list:**
  - Not to children taking some other medicines. *See section 2* ▶
  - Not to anyone who is allergic to the ingredients. *See section 6* ▶
- **Follow the dosage instructions carefully.** Children of different ages need different amounts. These are shown in the tables. *See section 3* ▶
- **Speak to your doctor** if anything in this list applies:
  - If a child is not getting better, or needs more medicine than shown in the table. *See section 3* ▶
  - If a child gets a rash, breathing problems, diarrhoea or gets very tired. *See section 3* ▶

**Now read this whole leaflet carefully before you use this medicine.** Keep the leaflet: you might need it again.

## 1 What the medicine is for

The paracetamol in Calpol Six Plus Suspension Sugar Free is used to relieve pain and / or bring down fever (high temperature) in many conditions including cold and flu, headache, toothache, earache, post immunisation fever, sore throat and other aches and pains.

## 2 Before giving the medicine to your child

This medicine is suitable for most people but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

### **X** Do not give your child this medicine...

- If s/he has ever had a bad reaction to any of the ingredients.
  - If s/he is taking anything else with paracetamol in it.
- If any of these applies, **get advice from a doctor or pharmacist without using Calpol.**

### **!** Talk to your doctor or pharmacist...

- If your child has serious kidney or liver problems.
- If your child has an inherited intolerance to fructose or been diagnosed with an intolerance to some other sugars.
- If your child is taking any other medicines including:
  - *metoclopramide* or *domperidone* (used to treat nausea and vomiting)
  - *colestyramine* (used to treat high cholesterol)
  - *anticoagulants* (drugs that thin the blood, such as warfarin)
  - *anticonvulsants* (drugs to treat epilepsy)

If you are not sure about the medicine your child is taking, show the bottle or pack to your pharmacist.

If any of these bullet points apply, **talk to a doctor or pharmacist.**

### If adults take this medicine:

The following additional warnings are included in case an adult takes this product:

- You can use this medicine while you are taking oral contraceptives ('the pill'), but it may not work so well on your pain or fever.
- If you drink large amounts of alcohol, you may be more open to the side effects of paracetamol.
- Ask your doctor or pharmacist for advice before taking this medicine if you might be pregnant or breast-feeding.

### **!** Some of the ingredients can cause problems

- Methyl (E218) and propyl (E216) parahydroxybenzoate may cause allergic reactions which could possibly be delayed.
- The sorbitol (E420) and maltitol content of this product means that this product is unsuitable for people with inherited intolerance to fructose.

- Sorbitol and maltitol may have a mild laxative effect. Each 5 ml of this product contains 1.935 g of sorbitol and 2.04 g of maltitol. Calorific values: 2.6 kcal/g sorbitol and 2.3 kcal/g maltitol.

## 3 How to use this medicine

### Check the table to see how much medicine to use.

- For oral use only.
- Always use the syringe supplied with the pack.
- It is important to **shake the bottle for at least 10 seconds before use.**
- Never give more medicine than shown in the table.
- Do not give this medicine with any other paracetamol-containing product.

### **i** How to use the syringe



- Shake the bottle for at least 10 seconds and remove the cap.
- There is a plug with a hole in the neck of the bottle. Insert the end of the syringe in to the hole and ensure it is secure.



- Hold the syringe in place and turn the bottle upside down and gently pull down the plunger to either 2.5 ml or 5ml as appropriate (see table for the correct dose).



- Turn the bottle the right way up.
- Remove the syringe by holding onto the bottle and twisting out gently.

### 3 How to use this medicine *(continued)*

- Place the syringe inside the child's mouth against the cheek and press the plunger slowly to gently release the medicine.
- After use, the plug should remain in the neck of the bottle. Wipe the plug and neck clean and rinse the cap before replacing.
- The syringe should be washed and dried after use. It can be cleaned by hand or in a dishwasher.

#### **i** Children under 6 years

Not recommended for children under 6 years old. Ask your pharmacist to recommend a suitable product.

#### **i** Children from 6 years

Child's Age	How much - up to 4 times a day
6-8 years	5 ml
8-10 years	7.5 ml (5 ml + 2.5 ml)
10-12 years	10 ml (5 ml + 5 ml)
12-16 years	10 - 15 ml (Two to three 5 ml doses)
Adults and children over 16 years	10 - 20 ml (Two to four 5 ml doses)

- Do not give more than 4 doses in any 24 hour period.
- Leave at least 4 hours between doses.
- Do not give this medicine to your child for more than 3 days without speaking to your doctor or pharmacist.

#### **!** Speak to your doctor:

- If your child needs more than the doses shown in the table, or if fever doesn't go away, speak to your doctor as soon as possible.
- If you are not sure of the cause of your child's illness or it is accompanied by a rash, breathing difficulties, diarrhoea or excessive tiredness or lethargy, speak to your doctor straight away. Do not give Calpol until you get medical advice.

#### **!** If anyone has too much

Immediate medical advice should be sought in the event of an overdose, even if the child seems well, because of the risk of delayed, serious liver damage.

#### **!** If you forget to give the medicine

Give the next dose when needed, provided that the last dose was given at least 4 hours ago. **Do not** give a double dose.

### 4 Possible side-effects

Calpol Six Plus Suspension Sugar Free can have side-effects, like all medicines, although these don't affect everyone and are usually mild.

#### **!** Tell your doctor as soon as possible if you notice any of these:

- allergic reactions including swelling of the face, tongue or throat, difficulty swallowing, unexplained wheezing, shortness of breath which may be accompanied by skin rash or hives.
- becoming unusually tired, unexpected bruising or bleeding and getting more infections (such as colds) than usual. These are very rare effects in people taking paracetamol.

If your child shows any of these signs, **stop giving paracetamol and talk to a doctor.**

**Long term use:** Calpol is NOT intended for long term use. People who use medicines containing paracetamol every day for a long time (several months or more) could get certain side-effects, including liver and kidney damage. People taking paracetamol in the usual way for shorter periods have not had these problems.

If you notice any side-effects not included in this leaflet please tell your doctor or pharmacist.

### 5 Storing this medicine

Keep the product out of the reach and sight of children.

Do not store above 25°C.

Store in the original package.

Do not use after the end of the month shown as an expiry date on the packaging.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### 6 Further Information

#### What's in this medicine?

The active ingredient is: Paracetamol 250 mg per 5 ml.

**Other ingredients are:** Maltitol, sorbitol liquid (E420), glycerol, dispersible cellulose, xanthan gum, polysorbate 80, methyl parahydroxybenzoate (E218), propyl parahydroxybenzoate (E216), acesulfame potassium, saccharin sodium and purified water. The flavouring is imitation strawberry.

#### What the medicine looks like

Calpol Six Plus Suspension Sugar Free is a white liquid, available in 80 ml bottles. It contains 250 mg of the active ingredient Paracetamol in every 5 ml of medicine.

The Product Licence holder is McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

The manufacturer is Famar Orléans, 5 avenue de Concy, 45071 Orléans, Cedex 2, France.